

Long term plan

Children will be taught the knowledge first before being taught the skills. They will then apply the skills to their topic in a conditioned game.

	N	Rec	Y1	Y2	Y3	Y4	Y5	Y6
Autumn 1	Locomotion	Locomotion	Tag Rugby Basketball	Tag Rugby Basketball	Tag Rugby Basketball	Tag Rugby Basketball	Tag Rugby Basketball	Tag Rugby Basketball
Autumn 2	Ball Skills	Ball Skills	Multi skills Handball	Multi skills Handball	Hockey Handball	Hockey Lacrosse	Hockey Lacrosse	Hockey Lacrosse
Spring 1	Dance	Dance	Gymnastics Dance	Gymnastics Dance	Gymnastics Dance	Gymnastics Dance	Gymnastics Dance	Gymnastics Dance
Spring 2	Gymnastics	Gymnastics	Football Dodgeball	Football Dodgeball	Football Dodgeball	Handball Dodgeball	Handball Quidditch	Handball Quidditch
Summer 1	Athletics	Athletics	Athletics Tennis	Athletics Tennis	Athletics Tennis	Athletics Tennis	Athletics Tennis	Athletics Tennis
Summer 2	Invasion games	Invasion games	Cricket OAA	Cricket OAA	Cricket OAA	Cricket OAA	Cricket Volleyball	Cricket/Rounders Volleyball